TAKE A MOMENT TO FILL IN THESE PAGES FOR YOUR FUTURE SELF TO LOOK BACK ON. AND HERE ARE SOME OTHER IDEAS OF THINGS TO INCLUDE:

☐ SOME PHOTOS FROM THIS TIME
☐ A JOURNAL OF YOUR DAYS
☐ LOCAL NEWSPAPER PAGES OR CLIPPING
☐ ANY ART WORK YOU CREATED
☐ FAMILY / PET PICTURES
☐ SPECIAL MEMORIES

DRAW A PICTURE OF THE PEOPLE YOU ARE SOCIAL DISTANCING WITH HERE
HOW I’M FEELING

HOW MY FACE LOOKS

WORDs TO DESCRIBE HOW I FEEL:

WHAT I HAVE LEARNT MOST FROM THIS EXPERIENCE:

I AM MOST THANKFUL FOR

THE 3 THINGS I AM MOST EXCITED TO DO WHEN THIS IS OVER:

1

2

3
WHERE I AM LIVING DURING THIS TIME:

WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN OUTSIDE (e.g. hearts in windows, chalk notes on sidewalk, etc)

HOW ARE YOU CONNECTING WITH OTHERS?
YOU ARE NOT STUCK AT HOME, YOU ARE SAFE AT HOME!

WHAT I AM DOING TO KEEP BUSY:
OUR HANDPRINTS
PRINT THE HANDS OF ALL THE PEOPLE LIVING IN YOUR HOME
(IN DIFFERENT COLOURS) AND PLACE YOUR HANDS HERE
**SPECIAL OCCASIONS**

What occasions did you celebrate during this time? Write the list down here and what you did to celebrate (e.g. St. Patrick’s Day, Easter, Birthdays, Anniversaries)

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>How You Celebrated</th>
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LETTER TO MYSELF

DEAR, ________________________________________________________________

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LOVE, ________________________________________________________________
## Interview Your Parents

### What Has Been the Biggest Change?

### How Are You Finding Homeschooling?

### Days Spent Inside

### Your Top 3 Moments from This Experience:

1. 
2. 
3. 

### What Activities/Hobbies Have You Most Enjoyed Doing?

### What Are You Most Thankful For?

### What TV Show You Watched: __________________________

### Your New Found Favourite Inside Family Activity:

### Favourite Food To Bake: __________________________

### Favourite Time Of Day: __________________________

### How Are You Feeling?

### Goal/S For After This: